

# The More of Less

*"Don't get so busy making a living that you forget to make a life."*



## Connect

What do you think about these reasons that make people busy?

1. Accolades will bring fulfillment.
2. Money will bring happiness.
3. I don't have a choice.
4. I'm more productive if I'm busy.



## So What

Have there been times when you felt that you are overwhelmed by too much work and too little time? What do you think about Psalm 39:6 that we just go about as a shadow and we are in turmoil for nothing?

Have you ever been caught between making a decision between doing two things that seem equally important?

## Now What

What do you think is God trying to tell you in Psalm 39:6 ?

How does Luke 10:42 help you make decisions about how we spend our time ?

What is the right work attitude that Colossians 3:23 is encouraging us to embrace?

## Prayer

Pray that we will understand God's ultimate plan and purpose for our lives.

Pray that the Holy Spirit will give us the wisdom to make the right decisions about how we spend our time.

Pray that we will have a new perspective in our workplace and a better understanding on who and what we are truly working for.

## Word

What's the point of being busy?

Psalm 39:6

We have a choice.

Luke 10:42

Who are we working for?

Colossians 3:23

## Notes

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